The latest scientific research in infant nutrition

Professor David Cameron-Smith

Chair in Nutrition





The **Liggins** Institute is a world-leading centre for research into fetal and child health, nutrition, development, epigenetics and implementation science.



The first 12 months of life



- 300% increase in weight
- 33% in length











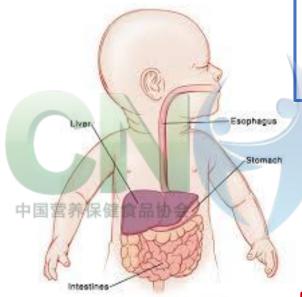
Immature Digestive System at Birth



Breast Milk

- Macronutrients
 - Protein
 - Lipids
 - Carbohydrates

 (oligosaccharides)
- Micronutrients
 - Minerals & Vitamins
- Bioactive peptides
- Genetic material
- Hormones
- Bacteria



Stomach

- Small capacity
- High pH (3.2-6.5)
- Immature pepsin

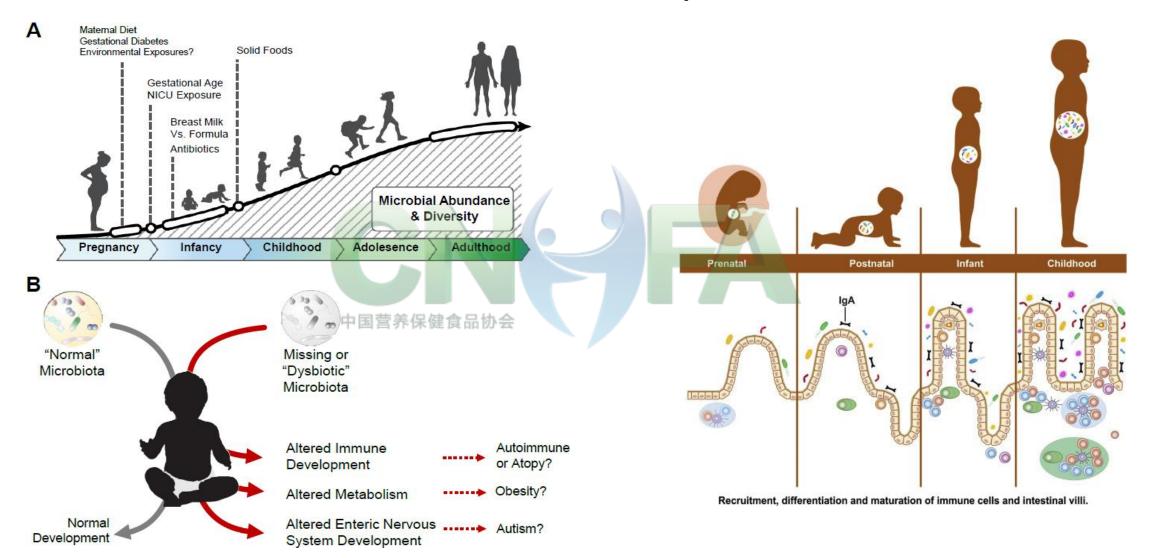
Small Intestine

- Immature chymotrypsin & carboxypeptidase B
- Limited gall bladder secretion
- Immature pancreatic triglyceride lipase

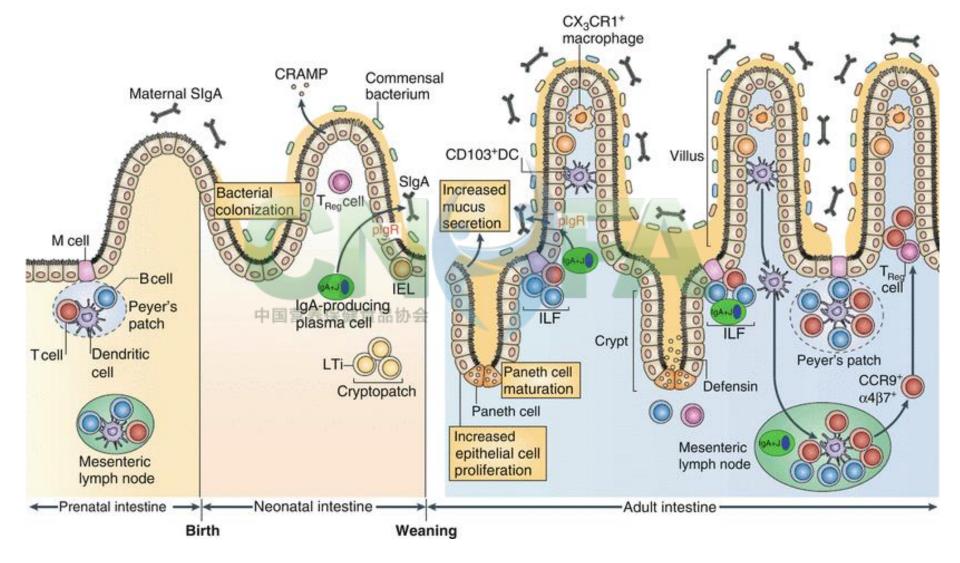
Large Intestine

- Progressive colonization by a resident microbiota
- Large change sin abundance, diversity and composition

Microbiome Development

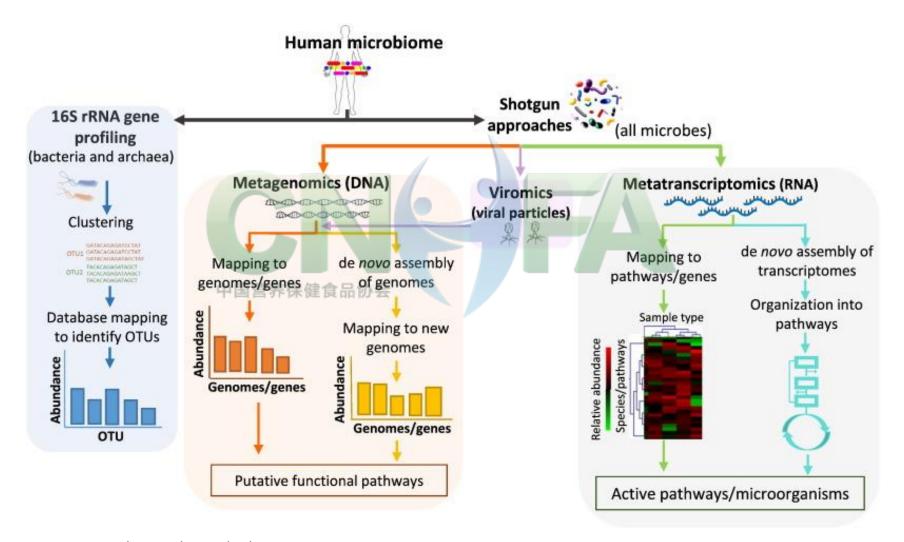


Immunity Development



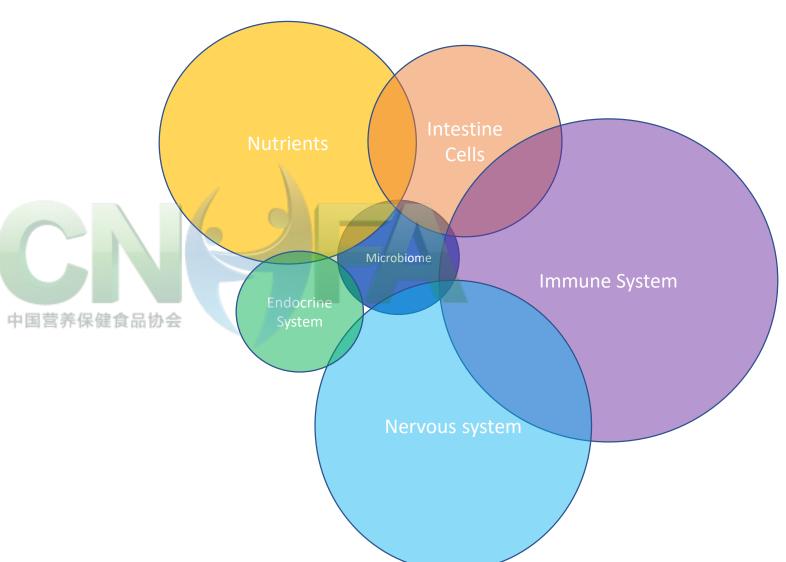
Large Intestine Nutrients Microbiome 中国营养保健食品协 Nervous

Only the beginnings for the microbiome

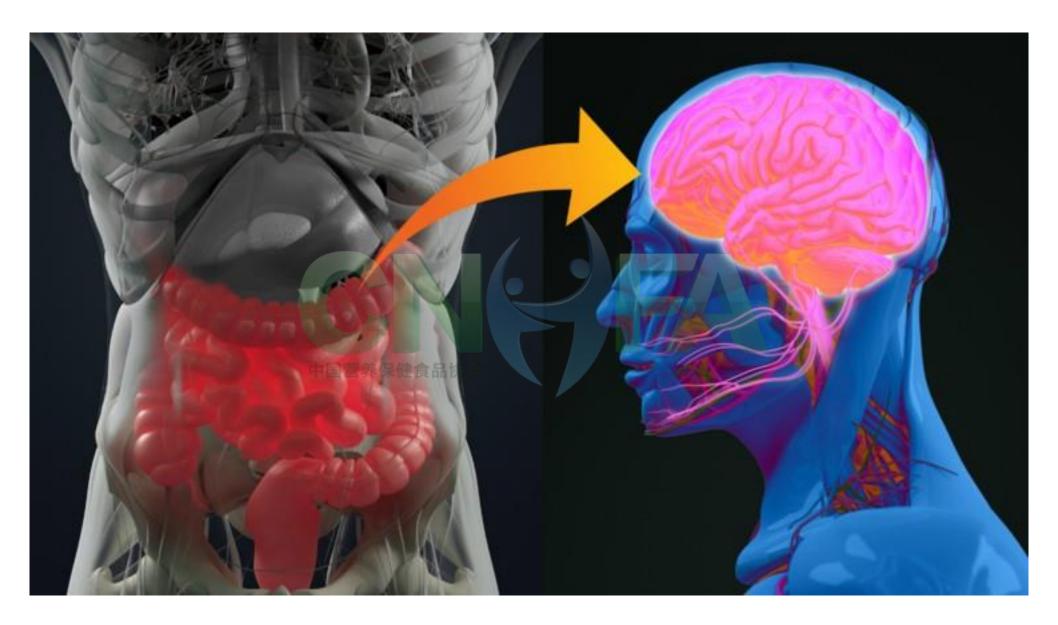


Small Intestine

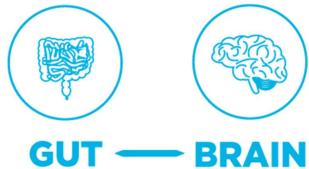












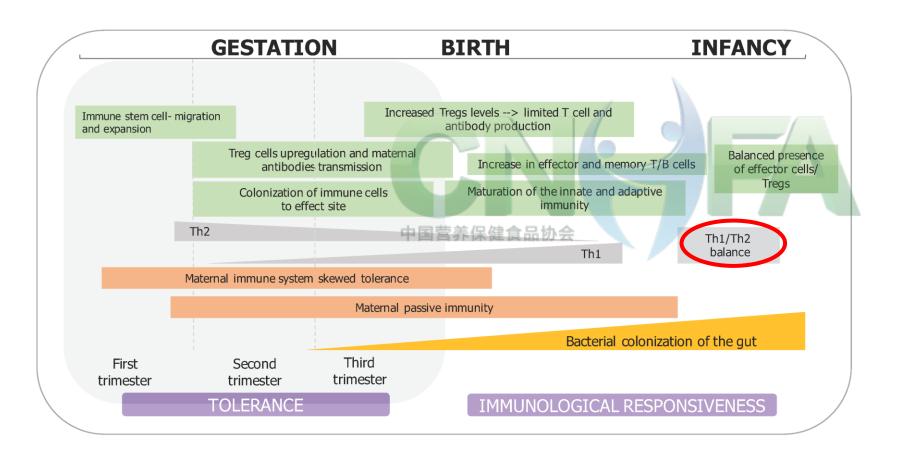
Connections

- Neural
- Hormonal
- Bacterial metabolites
- Nutrients
- Immune/Inflammation

Responses

- Motility, bowel function
- Stress/Anxiety
- Mood
- Behaviour
- Metabolic

Immune system and lifelong health



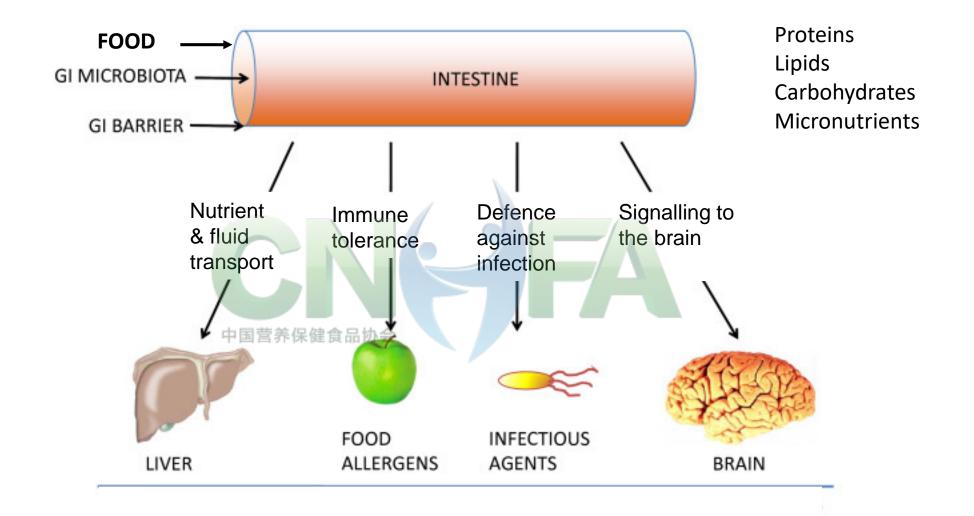
Th1 Dominant

- Multiple sclerosis
- Inflammatory bowel disease
- Type 1 Diabetes
- Psoriasis
- Rheumatoid arthritis

Th2 Dominant

- Allergic asthma
- Atopic dermatitis
- Chronic sinusitis
- Increased risk for viral/fungal infections

SOURCE: https://www.mdpi.com/2076-3271/6/3/56/htm





The Wireless Baby

